Long Sutton Primary School

Overview of PE (EYFS and KS1)

	Autumn Term		Spring Term		Summer Term	
Nursery	Introduction to PE (Unit 1)	Dance (Unit 1)	Introduction to PE (Unit 2)	Gymnastics (Unit 1)	Games (Unit 1)	Fundamentals (Unit 1)
Reception	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Dance (Unit 2)	Gymnastics (Unit 2)	Ball Skills (Unit 1)	Games (Unit 2)
Year 1	Fundamentals Ball Skills	Dance Sending and Receiving	Team Building Target Games	Fitness Gymnastics	Athletics Net and Wall Games	Striking and Fielding Invasion Games
Year 2	Fundamentals Ball Skills	Dance Sending and Receiving	Team Building Gymnastics	Fitness Target Games	Athletics Net and Wall Games	Striking and Fielding Invasion Games

Be A Star!

Strength Teamwork Ambition Respect

Long Sutton Primary School

Overview of PE (KS2)

	Autumn Term		Spring Term		Summer Term	
Year 3	Swimming/ Fundamentals Y3/4 Ball Skills Y3/4	Swimming/ Tag Rugby Dance	Swimming/ Fundamentals 3/4 Gymnastics	Swimming/ Tag Rugby Netball	Swimming/ Tag Rugby continued Athletics	Cricket Tennis
Year 4	Dance Hockey	Dodgeball Football	Gymnastics Fitness	OAA Handball	Athletics Tennis	Golf Basketball
Year 5	Tag Rugby Netball	Badminton Y5/6 Dance	Gymnastics Fitness	Yoga Basketball	Tennis Athletics	Golf Rounders
Year 6	Football Badminton	OAA Hockey	Gymnastics Dodgeball	Cricket Handball	Volleyball Athletics	Rounders Dance Swimming Top Up

Be A Star!

Strength Teamwork Ambition Respect