School Meals Allergen Information

Term 2

x - Contains Potential Allergen	Gluten	Sesame	Nuts	Eggs	Fish	Mustard	Milk	Celery	Soya	Sulphur Dioxide & Sulphites	Strawberries	Vegetarian	Vegan
Main Options													
Chicken Noodles	X			X					X				
Vegetable Noodles	X			X					X			X	
Vegan Roll	X								X			X	X
Cheese and Tomato Pizza	X						X					X	
Chicken Tikka							X						
Vegetable Tikka							X					X	
Chicken Burger	X	X											
Quorn Burger	X	X		X			X					X	
Beef Lasagne	X			X		X	X	X	X	X			
Vegetable Lasagne	X			X		X	X	X	X	X		X	
Chicken Korma							X						
Potato and Chickpea Curry	X			X		X	X	X	X			X	
Roast Gammon													
Cauliflower Cheese	X			X		X	X	X	X	X		X	
Sausage										X			
Quorn Sausage	X											X	X
Cheese and Tomato Pasta	X						X					X	
Macaroni Cheese	X			X		X	X	X	X			X	
Fish	X				X								
Salmon Fingers	X				X								
Sweet and Sour Chicken													
Sweet and Sour Vegetables												X	X
Roast Chicken													
Quorn Fillet	X											X	X
Cheese Omelette				X			X					X	
Sides													
Broccoli												X	X
Salad												X	X
Corn on the Cob												X	X
Wedges	X											X	
Wholemeal Rice												X	X
Green Beans												X	X
Chips												X	X
Baked Beans												X	X
Garlic Bread	X						X					X	
Carrot Batons												X	X
Chickpea Salad												X	X
Sweetcorn												X	X
New Potatoes												X	X
Carrots												X	X
Peas												X	X
Gravy												X	X
Mash Potato												X	X
Stuffing	X											X	
Hash Browns	X						X					X	
Light Bites													
Cheese Sandwich	X						X		X			X	
Jacket Potato with Beans												X	X
Ham Wrap	X												
Cheese and Tomato Wrap	X						X					X	
Jacket Potato with Tuna Mayo				X	X								
Ham Sandwich	X								X				
Egg Mayo Sandwich	X			X					X			X	
Ploughmans	X			X			X		X				
Cheese Wrap	X						X					X	
Dessert													
Ice Cream							X		X		X	X	
Fruit Jelly											X		
Yoghurt							X				X	X	
Water Melon												X	X
Vanilla Sponge	X			X					X			X	
Custard							X			X		X	
Banana Loaf	X											X	X
Apple Pie	X											X	X
Fruit Salad												X	X
Lemon Cake	X			X					X	X		X	