Long Sutton Primary School Menu Week 2

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Beef Lasagne with Garlic Bread and Carrot Batons.	Cheese and Tomato Pizza with Wedges and Chickpea Salad.	Chicken Korma with Wholegrain Rice and Sweetcorn.	Roast Gammon, New Potatoes, Peas, Carrots and Gravy.	Sausage, Mash Potato and Baked Beans.
Main 2	Vegetable Lasagne with Garlic Bread and Carrot Batons.	Vegan Roll with Wedges and Chickpea Salad.	Potato and Chickpea Curry with Wholemeal Rice and Sweetcorn.	Cauliflower Cheese, New Potatoes, Peas, Carrots and Gravy.	Quorn Sausage, Mash Potato and Baked Beans.
Main 3	Jacket Potato with Tuna Mayo and Salad.	Cheese Wrap and Salad.	Wholemeal Ham Sandwich and Salad.	Wholemeal Egg Mayo Sandwich and Salad.	Ploughmans.
Dessert	Yoghurt and Melon	Banana Loaf	Jelly	Ice Cream	Apple Pie and Custard.
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Drinks	Water	Water	Water	Water	Water
Extra bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

Weeks Commencing - 9 Nov and 30 Nov